



SCHOOL TALK

A WEEKLY NEWSLETTER FROM THE PRINCIPAL, FLAGSTONECREEKSTATESCHOOL

Website www.flagcreess.eq.edu.au

Tuesday, 3 November, 2015

Final Number for Race Day Tickets Required by 13 November

Our school *Race Day* is now just over 2 weeks away - Saturday, 21 November. Final numbers are required by **13 November**.

Tickets are NOW AVAILABLE at the school office - \$70 per person, \$65 per person for a table of 10 or more and \$15 for children under 12 years.

New Start Date for 2016 Queensland School Year

The Queensland Government has announced a new start date to the 2016 school year which will now see students return to the classroom on **Wednesday 27 January 2016** — the day after the national Australia Day public holiday. The previous Term 1 start date of Monday, 25 January, 2016, will now become an additional staff professional development day.

Sea World Excursion – 4 December

An educational excursion to *Sea World* will be held on Friday, 4 December (Week 9). Entry is \$22.00/child. The P&C will cover the cost of bus transport. There could be spare seats on the bus. If parents would like to attend as helpers, adult entry is \$41.00. We plan to leave the school around 7.00am and return around 5.00pm. We are also chasing 3 large wheeled (trolley) eskies for storing lunches – please contact the school if you have one you are happy to loan for the day. Further details will be available soon.

Dukes/Duchesses Day & Movember

The decision was also made to hold a *Dukes and Duchesses Day* to raise money for Movember, this Thursday, 5 November.

For a gold coin donation, boys are invited to wear a neck tie/bow tie or top hat with their uniform (can be hand-made from paper, card, etc).

For a gold coin donation, girls are invited to wear a fascinator or home-made headwear with their uniform (can be hand-made from paper, card, etc)

On Tuesday, 24 November, students are invited to further support Movember with a gold coin donation. Those participating on this occasion may wear a hand-drawn moustache for the day.

NRL Game Development Visit

Jim Stevens, NRL Game Development Officer will visit the school again this Thursday, 5 and on 12 November to work with our students on NRL skills. This activity is **FREE!**

2016 Uniform Requirements

A school uniform order will be placed with the supplier at the end of this week so that we have plenty of stock for the beginning of the 2016 school year. Please contact the school office by Friday if you wish to place an order.

eKindy 2016

Information about eKindy can be found at <https://brisbanesde.eq.edu.au/Curriculum/ekindy/Pages/ekindy.aspx>

Please pass this information on to friends and/or families who may meet the criteria and be interested in registering for eKindy in 2016.

Race Day Raffle Prizes

The P&C would welcome assistance from parents to source prizes for the Race Day raffles. Please send donated prizes to school as soon as possible

Race Day - Donate a Bag of Lollies

The P&C are asking families to donate a bag of wrapped lollies, for example, Minties, which will be placed on tables at the Race Day. Please send your donation to school as soon as possible and thank you for your support.

Local Television Reception

The WIN TV/Channel 7 regional technician, Ricky Gravalin, has advised that the TV station transmitters have been reconfigured, which is why many people who used to get WIN can no longer get it. They simply need to have their aerials redirected and their TVs re-tuned. Also, people who didn't previously get the local stations should now be able to.

Ricky Gravalin is happy to provide free quotes to anyone who would like access to the local stations. He can be contacted on 0439 798 339.

Stacey Silver

Parenting Tips by Michael Grose

GREAT WAYS TO MANAGE SIBLING SQUABBLES

Resolving conflict between siblings, between you and your children, or you and your partner requires skill, subtlety and self-control.

It means that you need to have a range of responses at your fingertips rather than just rely on one or two strategies.

Here are **5 emotionally-intelligent** responses that you can call on to de-escalate family and sibling conflict:

1. Stay calm

When emotions are charged in a group, the leader will be the person who stays calm. Families are no different. Emotions can be charged. This is the time for parents to stay calm. Use a low, 'Green' tone of voice when you talk with kids. Your calmness is essential to de-escalate anger.

2. Use open-ended questions

Ask open-ended questions to encourage others to share their feelings about a situation. Say, "How can I help?" instead of "You seem angry". Children and young people are calmer when they are teaching or explaining rather than being patronised.

3. Hear the feeling rather than see the behaviour

Empathise with children's feelings without accepting their behaviour. There is nothing better than being understood so when they are upset try statements like "You have every right to be angry about that." Avoid addressing the behaviour at this point. Choose a time when everyone is calm and ready to listen to talk about better ways of behaving.

4. Use selective listening

In the heat of the moment children and young people, like parents, will often say things they don't mean. It's easy to respond to the heated "I hate you" or other insults while ignoring the original problem when a child yells "You never listen..." Try clarifying by saying, "It seems that the last time we spoke wasn't great for you." Show interest, take the wind from their sails by agreeing, and don't try to respond to everything someone says in anger.

5. Focus on facts, not emotions

Many people (adults and children) don't respond well when they are second-guessed. "Why are you so angry?" invites the response "NO, I'm NOT!" Instead say, "What happened that caused you to be upset?" Be sure to compliment children when they resolve relationship problems calmly and control their own emotions, demonstrating the impact that their positive behaviour has had on you. Conversely, compliments such as - "Thanks guys for resolving this problem quickly and calmly. I appreciate it"-

remind kids about the emotional impact their negative behaviour also has.

Michael Grose

Book your group or office Christmas party today!

Celebrate Christmas at the races in...

The Grand Marquee

Clifford Park Racecourse

SATURDAY, 21st November 2015
4PM UNTIL LATE

Enjoy the heart stopping excitement of an afternoon at the races. Reward your staff with a Christmas party track side or get your friends and family together for some Christmas cheer with a difference!

SAVE!!!
Book a table of 10
\$65 per person
Merry Christmas

Ticket includes: Racecourse Entry, Event Sample Bag, Appetizers and a two course sit down dinner.
Extras on the night include: Multi Draw Raffle, Lucky Door Prize and a Memorabilia Auction.

Thank you for helping us raise much needed funds for our small rural school.
Book your tickets TODAY!
Ph: 46975193
(Mon-Fri 9am-3pm)

\$70 per person
EVENT SAMPLE BAG! on arrival
KIDS \$15 each

Special Thanks To:
Our Event MC - David Silver

1027 FM
BREAK & FREE

Flagstone Creek State School - 56 Flagstone School Road, Flagstone Creek Qld 4344

DATES TO REMEMBER

Thursday	5 November	NRLGame Development
Tuesday	10 November	Swimming 4 – Gatton
Thursday	12 November	NRLGame Development
Tuesday	17 November	Swimming 5 – Gatton
Saturday	21 November	P&C Race Day – Toowoomba Turf Club
Thursday	26 November	Caffey Small Schools Swimming Carnival
Thursday	3 December	Tuckshop Day
Thursday	3 December	Report Cards Sent Home
Friday	4 December	SeaWorld Excursion
Monday	7 December	Year 6 Dinner
Wednesday	9 December	Break-Up BBQ and Concert
Thursday	10 December	Parent/Teacher Interviews
Friday	11 December	Break-Up Day